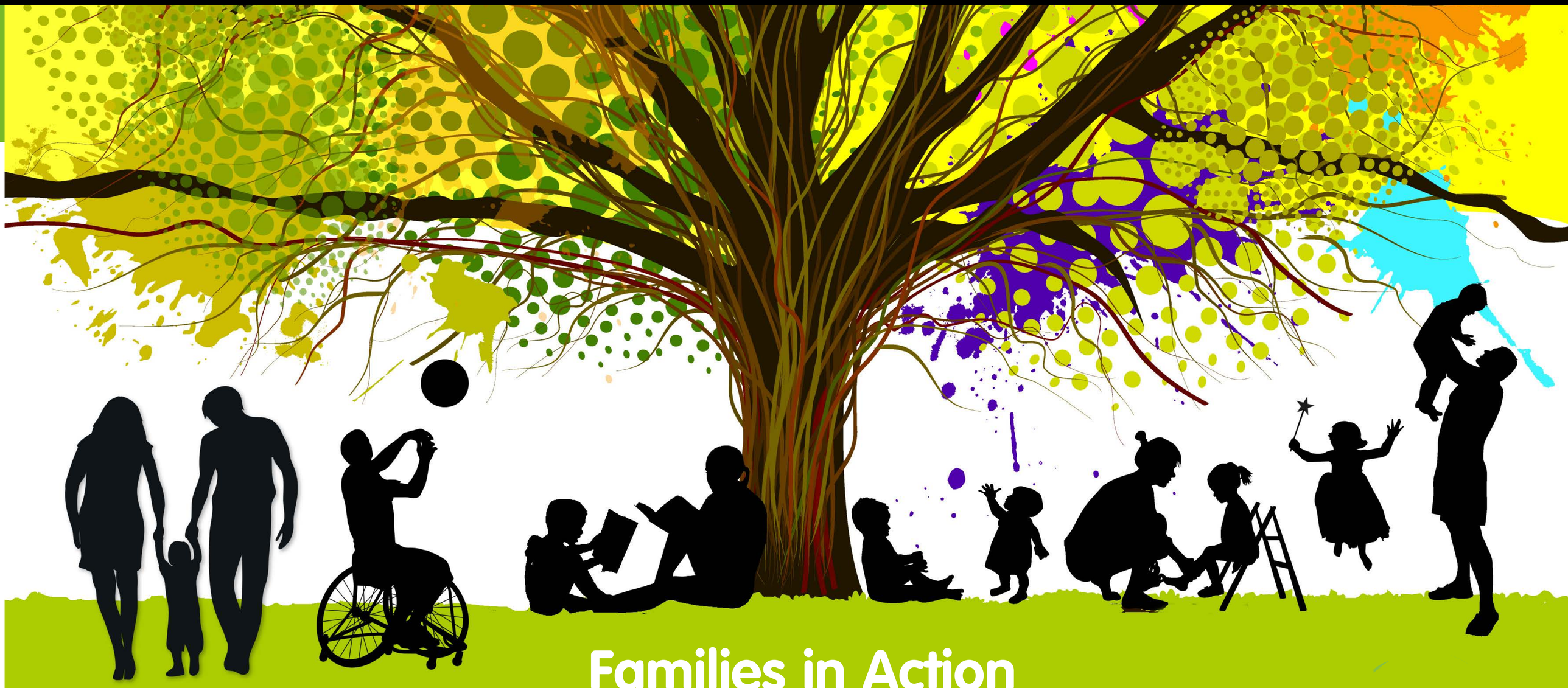


Families in Action

A Published and Digital Resource

PLAYBACK
LEARNING A

Families in Action

Engaging Families in Children's Learning and Wellbeing

This family learning resource provides a framework for school leaders that reflects current government policy. It is presented as a published and digital resource with practical ready-made learning sessions for families and family learning activities with children at home.

These resource sessions will enable schools to measure and evaluate current practice in parental involvement and engagement and provide an accurate reflection of their partnership working.

The resource will:

- enable a strong ethos of trust with families
- empower families by enabling them to be valued partners
- enable meaningful dialogue with families' and encourage their participation in decision making about their children's learning
- support families to become more engaged in their child/ren's learning and wellbeing at school and in the home.
- ensure improved outcomes through a range of approaches
- promote partnership working by offering families more opportunities to be involved in school life
- clarify curricular terminology, lifelong learning, government policy and priorities
- support families to have a positive impact on their child/ren's attainment and achievement
- increase their confidence and capacity to support their child/ren's wellbeing and learning at home
- provide opportunities to gather and share information between families and the school
- enable and empower parental representation

This Family Learning Resource Promotes	SHARED: Values, Learning, Aspirations, Information and Responsibilities	=	Improving Outcomes for ALL Children

Families in Action

Engaging Families in Children's Learning and Wellbeing

The resource includes:

- a range of meaningful approaches structured and supportive sessions
- session aims, resources and suggested delivery and approach
- explicit information handouts for families
- activities for families to use at home with children
- practical, fun activities for children and their families in school
- reflective self-evaluation questionnaires for families to engage in a range of areas including; confidence in supporting their children's learning, parents council, relationships, partnership working

Families in Action

Engaging Families in Children's Learning and Wellbeing

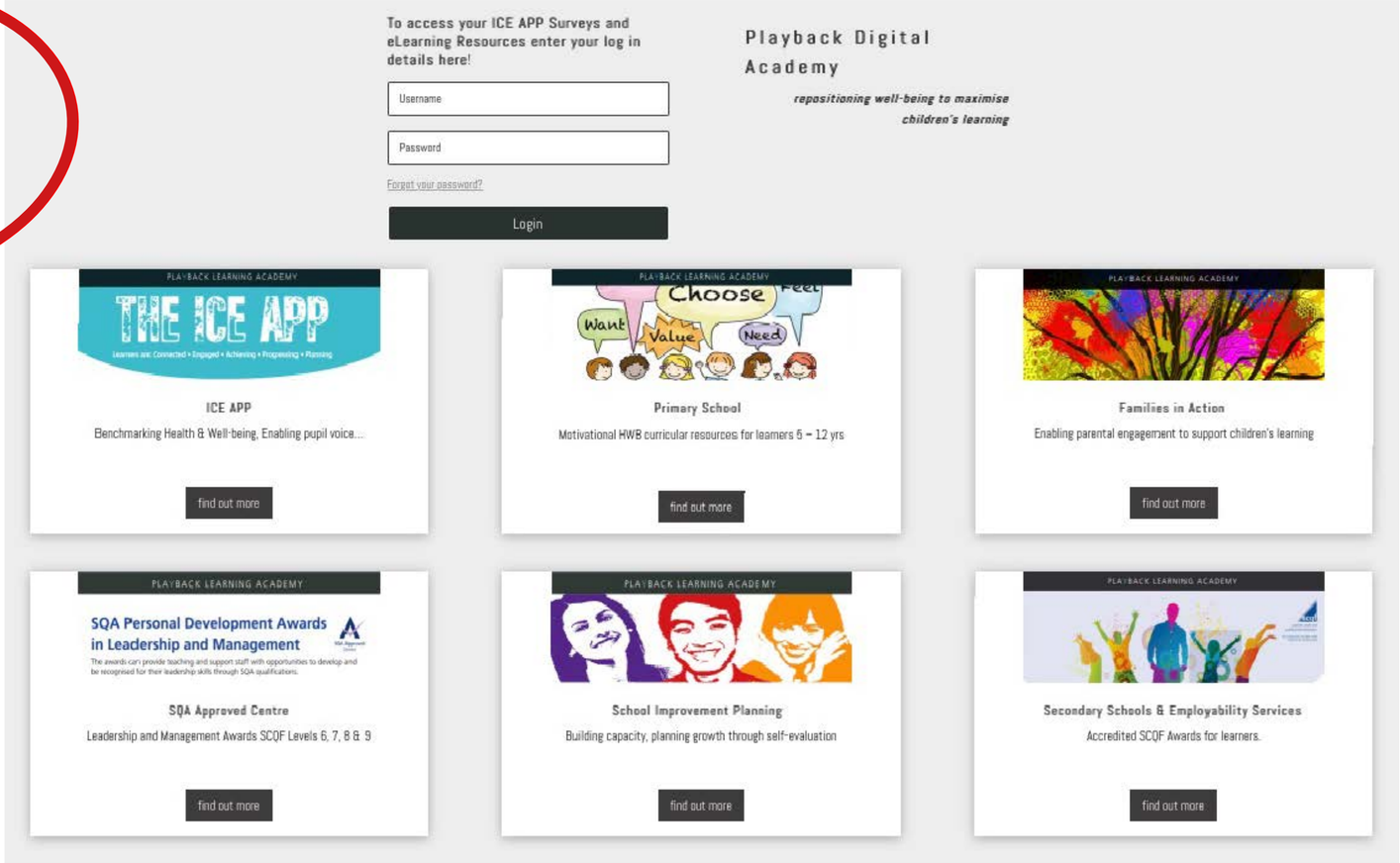
No	Review and select the sessions to engage your families
1	How do we currently support our children's learning and wellbeing?
2	What is the purpose of Curriculum for Excellence ?
3	What do we mean by Getting it Right for Every Child (GIRFEC)?
4	What makes a positive role model?
5	What skills and qualities do children need for learning, life and work?
6	How do we support children's learning at home?
7	How do we praise and encourage children?
8	How do we support children's emotional wellbeing?
9	How do children manage relationships?
10	How do children explore the similarities in people and what makes us different?
11	How do we support children develop positive emotions?
12	How do we impact on children's understanding of their actions and behaviour?

No	Review and select the sessions to engage your families
13	What are the influences of social media?
14	How can we support children to develop and maintain friendships?
15	How can children develop self-help skills?
16	How can we encourage children to value money?
17	How can we help children understand the legal changes (12–16 years)?
18	How do children learn best?
19	How can we support children's transition to secondary school?
20	How do children plan and set targets?
21	How do children develop self-confidence?
22	How do families work with the school?
23	How do families contribute to the school's vision, values and aims?
•	Reflective Evaluation Questionnaire for Parents/Carers – Relationships
•	Reflective Evaluation Questionnaire for Head Teachers and SMT – Current Working Relationship with Families

Families in Action

Engaging Families in Children's Learning and Wellbeing

Your dedicated School Web Site.
Enter User Name and Password here



Families in Action

Engaging Families in Children's Learning and Wellbeing

Access Sessions, Surveys, Handouts and Support Materials

Click to select your session

Family and Staff Data Surveys

Click to Access

Sessions 1 - 4

Click to Access Sessions

Sessions 5 - 8

Click to Access Sessions

Sessions 9 - 13

Click to Access Sessions

Sessions 14 - 18

Click to Access Sessions

Sessions 19 - 23

Click to Access Sessions

Planning and Support Materials

Click to Access

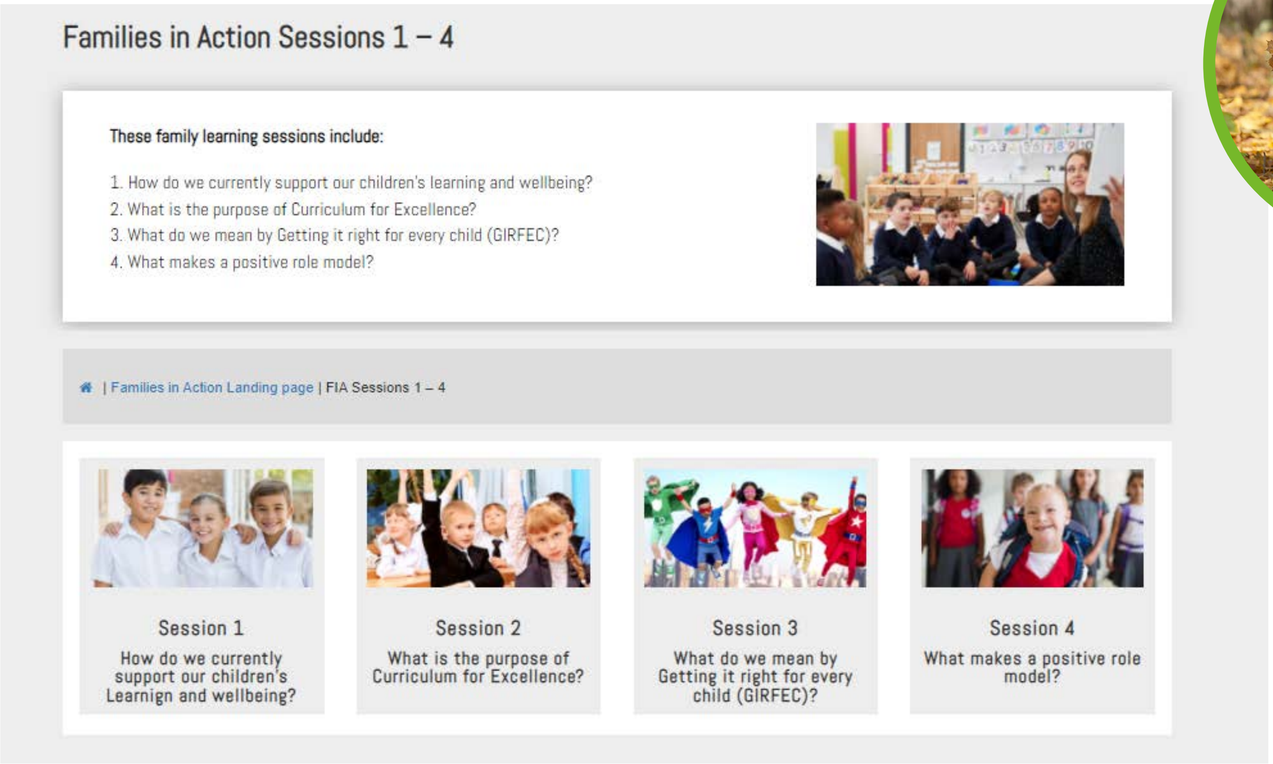
Session Handouts

Click to Access

Families in Action

Engaging Families in Children's Learning and Wellbeing

Select Session



Families in Action Sessions 1 – 4

These family learning sessions include:

1. How do we currently support our children's learning and wellbeing?
2. What is the purpose of Curriculum for Excellence?
3. What do we mean by Getting it right for every child (GIRFEC)?
4. What makes a positive role model?

| Families in Action Landing page | FIA Sessions 1 – 4

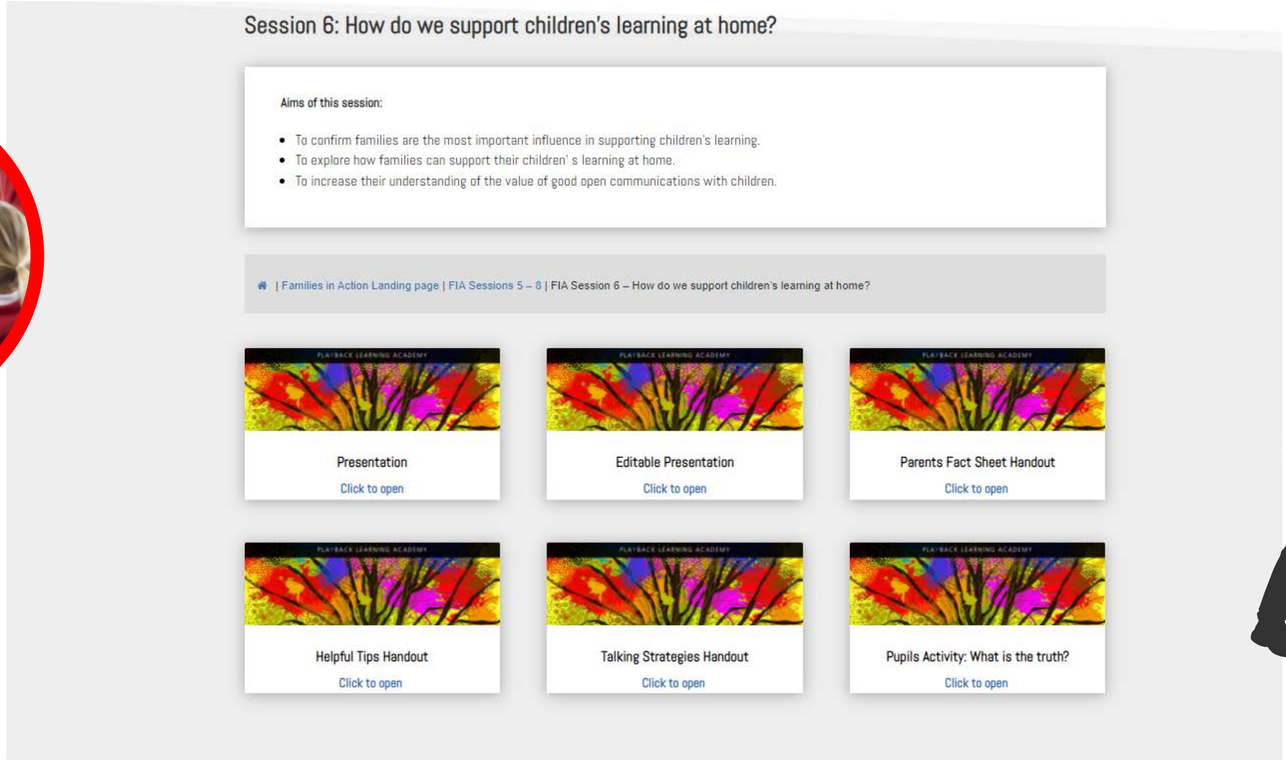
Session 1
How do we currently support our children's Learnign and wellbeing?

Session 2
What is the purpose of Curriculum for Excellence?

Session 3
What do we mean by Getting it right for every child (GIRFEC)?

Session 4
What makes a positive role model?

Session Presentations, Handouts and Family Activity



Session 6: How do we support children's learning at home?

Aims of this session:

- To confirm families are the most important influence in supporting children's learning.
- To explore how families can support their children' s learning at home.
- To increase their understanding of the value of good open communications with children.

| Families in Action Landing page | FIA Sessions 5 – 8 | FIA Session 6 – How do we support children's learning at home?

Presentation
Click to open

Editable Presentation
Click to open

Parents Fact Sheet Handout
Click to open

Helpful Tips Handout
Click to open

Talking Strategies Handout
Click to open

Pupils Activity: What is the truth?
Click to open

Session 8: How do we support children's emotional wellbeing?

Activity: My emotions statements Part 1 & 2

Family activity at home:

1. Explain the purpose of the home activity to your children including why it is important to:
   - understand what we mean by our emotions and that we can have mixed emotions
   - be able to express our emotions in different situations
   - be able to identify ways to manage emotions and who to talk to
2. Agree to watch a sporting event, a film, a soap opera, Britain's Got Talent or the X Factor results, then ask your children to identify and discuss some of the emotions portrayed by the actors or finalists. Discuss with them and establish that we can experience several emotions during any situation. These can be positive, negative or both – this can be challenging for people, even adults.
3. Encourage your children to choose one or both of activities provided **My emotions** statements Part 1 and 2 and complete.
4. Support your children to discuss how they felt during one of the negative experiences. What could they do to feel better and if they had to experience it again how could they improve the experience?
5. Explain that not everyone reacts in the same way to the same situation and that some situations are not what they at first appear to be.
6. Encourage them to identify people in school who listen to them, who will help them to cope with their emotions and recognise why these people are easy to talk to and trust.

Session 8: How do we support children's emotional wellbeing?

Activity: My emotions statements Part 1

Consider the statements below and complete in relation to the emotions you think your child/ren might experience

Positive	Column 1 Statements - What feelings would you experience?	Negative	Column 2 Statements - What feelings would you experience?
You are having a birthday party.		Your best friend did not turn up.	
You are told by your teacher that you have won a competition.		You get teased by your classmates about winning the competition.	
You hear that your friend is having a sleepover or football day for friends on his/her birthday.		Everyone else gets an invitation except you.	
You are selected for the school show.		You don't want to participate but are too frightened to say anything.	

Families in Action

Engaging Families in Children's Learning and Wellbeing

If you would like any further information, or would like a presentation on any of our resources, please contact our office on:
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