

Resource Themes	HWB E&Os	Wellbeing Indicators	Lessons	Date Delivered	Date Assessment & Comments
What do I feel?	HWB 1-01a HWB 2-01a HWB 1-02a HWB 2-02a HWB 1-04a HWB 2-04a HWB 1-05a HWB 2-05b HWB 1-08a HWB 2-08a HWB 2-44a HWB 2-44b HWB 2-45a HWB 1-45b HWB 2-45b	Safe Healthy Nurtured Achieving Respected Responsible Included	1: My personal network 2: Bullying and Peer Pressure 3: Billy's story - Friendship 4: Friends in secondary school 5: Decision making		
What do I need?	HWB 2-10a HWB 2-13a HWB 1-19a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: Skills and qualities 2: What kind of learner are you? 3: Barriers to learning		
What do I want?	HWB 1-04a HWB 2-04a HWB 1-18a HWB 2-18a HWB 1-19a HWB 2-19a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: Transitions 2: Action Planning 3: Travelling to secondary school 4: My transition plan		

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What do I value?	HWB 1-03a HWB 2-03a HWB 1-04a HWB 2-04a HWB 1-07a HWB 2-07a HWB 1-09a HWB 2-09a HWB 1-10a HWB 2-10a HWB 1-19a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: Legal changes from 12–16 years 2: Rights and responsibilities 3: Values 4: My money 5: Claire's story - Money		
What do I think?	HWB 1-01a HWB 2-01a HWB 1-02a HWB 2-02a HWB 1-09a HWB 2-09a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: Emotional wellbeing 2: Positive emotions 3: Social media		
What do I choose to do and say?	HWB 1-09a HWB 2-09a HWB 1-12a HWB 2-12a HWB 1-13a HWB 2-13a HWB 1-14a HWB 2-14a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: I am a citizen 2: Citizenship - Community Issues 3: Citizenship - Global Issues 4: Digital Citizenship		